

SOUP & SALAD

SOUP DU JOUR \$10

Chef's Choice

KALE CAESAR SALAD \$15

Baby Kale Lettuce, Lemon-Anchovy Dressing, Romano Cheese, Croutons

ROASTED ROOT VEGETABLE BOWL \$15

Carrots, Parsnips, Grilled Red Onion, Squash, Quinoa, Arugula, Brussel Sprouts, Lemon Tahini Dressing GF|DF|VE

BEET & APPLE SALAD \$15

Bibb Lettuce, Apple, Pecans, Grated Beets, Pumpernickel Crumble, Buttermilk Goat Dressing $V\mid TN$

Add: Chicken \$8 | Salmon \$8 | Shrimp Skewer (3) \$9 | 1/2 Avocado \$5

SANDWICHES & MORE

All Sandwiches served with House Made Chips Tossed with Chefs Seasoning Blend

ANGUS BURGER \$20 11

8OZ Angus Beef Burger, Smoked Gouda Cheese, Bacon & Red Onion Jam, Maple Bourbon Glaze, Jalapeno, Arugula, Brioche Bun

CRAB CAKE SANDWICH \$22

Seared Lump Crab Cake, Saffron Remoulade, Bibb Lettuce, Brioche Bun DF

CRAB MAC & CHEESE \$18

Brie Cheese Sauce, Lump Crab, Lemon Zest, Roasted Tomatoes, Toasted Garlic Panko

SEARED SESAME SEED TUNA BOWL \$2011

Purple Sticky Rice, Pickled Carrot & Daikon, Seaweed Salad, Edamame, Avocado, Sesame Dressing DF GF

SALMON SLIDERS \$18 |||

Pan Seared Salmon, Charred Romesco, Arugula, Brioche Slider Buns DF | TN

GRILLED CHICKEN SANDWICH \$18

Grilled Chicken Breast, Swiss Cheese, Bacon, Maple Mustard, Arugula, Roasted Tomato, Grilled Red Onion, Herbed Focaccia Bun

KIDS MENU

CHEESE SLIDERS \$12

Grilled Beef Sliders with Melted American Cheese, Served with House Made Chips

GRILLED CHICKEN & BACON SANDWICH \$12

American Cheese, Crisp Bacon, Served with House Made Chips

KIDS PASTA \$12

Pasta Tossed with House Made Marinara, Butter or Alfredo Sauce

DF- Dairy Free V-Vegetarian TN-Tree Nut GF-Gluten Free VE-Vegan

Consuming Raw or Undercooked Meats, Seafood, Shellfish, Or Eggs Increases the Risk of Foodborne Illness

Cooking times, temperatures, doneness may vary with method of preparation

Our Meal Plans Consist of the Choice of One Lunch Item, Soft Drinks & Gratuity is Included