

# THE MARKET

## SANDWICHES

**CHICKEN SALAD | GF |** 12  
HOUSE MADE CHICKEN SALAD WITH CRAISONS AND CELERY, SERVED ON CHOICE OF MULTIGRAIN CROISSANT, WRAP, OR LETTUCE WRAP

**HAM & SWISS** 12  
HAM, SWISS & MAPLE ALE MUSTARD ON A PRETZEL BUN

**GRILLED CHICKEN SANDWICH** 12  
SERVED WITH LETTUCE, TOMATO, PROVOLONE CHEESE, BACON AND SPECIAL SAUCE

**TUNA SALAD | GF |** 12  
HOUSE MADE TUNA SALAD WITH ONION, CELERY AND BASIL SERVED ON CHOICE OF MULTIGRAIN CROISSANT, WRAP, OR LETTUCE WRAP

**VEGGIE PITA | VEG/V |** 12  
ROASTED RED PEPPER HUMMUS, SLICED AVOCADO, SPROUTS, TOMATO & CUCUMBER IN A PITA

**TURKEY MOZZARELLA** 12  
SLICED TURKEY BREAST, PESTO, MOZZARELLA CHEESE & ROASTED TOMATOES ON FOCACCIA BREAD

## GRAB AND GO

**TURKEY HARVEST WRAP** 10  
TURKEY, ROASTED APPLES, APRICOT MARMALADE, GARLIC AIOLI, BRIE CHEESE, & BABY KALE

**CHICKEN CEASAR WRAP** 10  
GRILLED CHICKEN, ROMAINE LETTUCE, PARMESAN CHEESE & CEASAR DRESSING

**VEGAN TACO WRAP | VEG/V |** 10  
CORN, PEPPERS, BEANS, TACO FLAVORED QUINOA, ARUGULA, TOMATO & AVOCADO CHIPOTLE DRESSING

## SALADS

**BUFFALO CHICKEN SALAD** 15  
GRILLED, DICED CHICKEN, BUFFALO SAUCE, ROMAINE LETTUCE, CELERY, CARROTS, ONIONS, TOMATOES, CUCUMBERS & BLEU CHEESE CRUMBLES

**MEDITERRANEAN SALAD | VEG |** 13  
ROMAINE LETTUCE, CUCUMBERS, FETA CHEESE, ROASTED PEPPERS, OLIVES, TOMATOES & ARTICHOKES

**DRESSINGS:** BALSAMIC VINAIGRETTE, AVOCADO CHIPOLTE, RANCH OR BLEU CHEESE

## SOUP AND ½ SANDWICH 12

CHOICE OF ANY OF OUR SANDWICHES CUT IN HALF WITH A CUP OF OUR SOUP OF THE WEEK!

## SIDES

**HUMMUS & VEGGIES** 9  
CELERY, CARROTS, TOMATOES & HUMMUS

**FRUIT & YOGURT** 9  
GRAPES, MELONS, SEASONAL FRUIT & PLAIN GREEK YOGURT

**SOUP OF THE WEEK** 9  
ENJOY A CUP OF OUR CHEF'S PICK OF THE WEEK!

## KIDS FAVORITES

**HOT DOG** 10  
ALPINE ALL BEEF HOT DOG

**GRILLED CHEESE** 6  
AMERICAN CHEESE SERVED ON TOASTED, BUTTERY WHITE BREAD

**PB&J** 6  
GRAPE OR STRAWBERRY JELLY, PEANUT BUTTER ON BUTTERY WHITE BREAD

**PIZZA PINWHEEL** 8  
DOUGH ROLLED WITH MOZZARELLA CHEESE AND PEPPERONI TOPPED WITH A GARLIC HERB BUTTER AND SERVED WITH A SIDE OF MARINARA SAUCE

TRY OUR VARIETY OF ICE CREAM FLAVORS FROM OUR LOCAL DAIRY FARM **MANNING'S ICE CREAM AND MILK!**