

THE MARKET

SANDWICHES

CHICKEN OR TUNA SALAD | GF 12
CHOICE OF WRAP, LETTUCE WRAP OR
MULTIGRAIN CROSSIANT

HAM & SWISS 12
HAM, SWISS & MAPLE ALE MUSTARD ON A
PRETZEL BUN

GRILLED CHICKEN SANDWICH 12
SERVED WITH LETTUCE, TOMATO, PROVOLONE
CHEESE, BACON AND SPECIAL SAUCE

VEGGIE PITA | VEG/V 12
ROASTED RED PEPPER HUMMUS, SLICED
AVOCADO, SPROUTS, TOMATO & CUCUMBER
IN A PITA

TURKEY MOZZARELLA 12
SLICED TURKEY BREAST, PESTO, MOZZARELLA
CHEESE & ROASTED TOMATOES ON CIABATTA
BREAD

KID'S FAVORITES

HOT DOG 8
ALPINE ALL BEEF HOT DOG

GRILLED CHEESE 6
AMERICAN CHEESE SERVED ON WHITE BREAD

PB&J 6
GRAPE OR STRAWBERRY JELLY, PEANUT
BUTTER ON WHITE BREAD



**FRESH SELECTION OF
LOCAL ICE CREAM, SHAKES & MORE!**

SALADS

PEAR SALAD 15
SPINACH, PEARS, WALNUTS, CHICKEN BREAST &
GOAT CHEESE

BUFFALO CHICKEN SALAD 15
CHICKEN BREAST TOSSED IN BUFFALO SAUCE,
ROMAINE LETTUCE, CELERY, CARROTS, ONIONS,
TOMATOES, CUCUMBERS & BLEU CHEESE
CRUMBLES

MEDITERRANEAN SALAD | VEG 13
ROMAINE LETTUCE, CUCUMBERS, FETA CHEESE,
ROASTED PEPPERS, OLIVES, TOMATOES &
ARTICHOKES

VEGAN TACO SALAD | VEG/V 13
QUINOA, ICEBERG LETTUCE, PINTO BEANS,
BLACK BEANS, CHERRY TOMATOES, CORN,
DICED BELL PEPPERS & TORTILLA CHIPS.
AVOCADO CHIPOTLE DRESSING

ADD PROTEINS: CHICKEN OR GRILLED TUNA 6

**DRESSINGS: BALSAMIC VINAIGRETTE,
AVOCADO CHIPOLTE, RANCH OR BLUE CHEESE**

SIDES

HUMMUS & VEGGIES 9
CELERY, CARROTS, CHERRY TOMATOES &
HUMMUS

FRUIT & YOGURT 9
GRAPES, MELONS, SEASONAL FRUIT & PLAIN
GREEK YOGURT