



Your resort for all seasons.™

S K Y V I E W S P A

*Pampering
has reached
new heights.*



Massage Therapies

Each style of massage assures tension release, circulation enhancement and overall wellness. Each therapy offered is performed by our registered and licensed massage therapists, who have been professionally trained in each area of massage. Your comfort level is of most importance. Draping will be maintained at all times.

SWEDISH

This classic European body massage technique uses soothing, relaxing strokes to increase circulation, improve skin and muscle tone and help you achieve total relaxation.

55 minutes - \$108.00 / 85 minutes - \$150.00

DEEP TISSUE

This highly therapeutic massage uses deep pressure to ease muscle soreness and tension. Specifically concentrates on problematic areas.

55 minutes - \$126.00 / 85 minutes - \$167.00

CUSTOMIZED THERAPEUTIC MASSAGE

Our highly trained massage therapists will customize a massage using various techniques to give you the most therapeutic benefits of massage. Techniques used may include deep tissue, sports massage, acupressure, craniosacral therapy, lymph drainage, myofascial release, trigger point therapy and neuromuscular therapy.

55 minutes - \$163.00 / 85 minutes - \$211.00

PRE-NATAL

Expectant mothers can lie safely and comfortably to receive this treatment, which alleviates the many physical and emotional challenges resulting from pregnancy, such as muscle aches, fatigue, headaches and water retention.

55 minutes - \$126.00 / 85 minutes - \$167.00

AROMATHERAPY

A Swedish massage using an ancient healing art dating back to 45 BC. Choose from four specialized aromatherapy oils that will either energize and relieve stress, stimulate and promote circulation, release toxin buildup, or relax and calm you. No matter your choice, this healing massage will encourage deep relaxation and release chronic patterns of tension in the body.

55 minutes - \$138.00 / 85 minutes - \$167.00

WARM STONE

A Native American-inspired tradition using the healing energies of stones. Your body absorbs the warmth of smooth, heated stones used in conjunction with Swedish massage strokes to deeply penetrate muscles. Melts tension, promotes balance and well being.

55 minutes - \$138.00 / 85 minutes - \$179.00

NECK & SHOULDERS (*upon availability*)

We concentrate on releasing tension in the neck and shoulder area where physical and emotional stresses most often manifest themselves. Enjoy this refreshing massage for quick relief on the run!

25 minutes - \$73.00

COUPLES MASSAGE

Share the ultimate relaxation with a close friend, family member or significant other while two therapists perform simultaneous Swedish massages in the same room.

55 minutes - \$250.00 / 85 minutes - \$333.00

COUPLES WARM STONE MASSAGE

Enjoy relaxation with a loved one or friend while two therapists perform simultaneous Swedish Warm Stone massages in our spa room for two.

55 minutes - \$309.00 / 85 minutes - \$392.00

Any additional treatment can be done for an added charge of \$15/person (excludes couples massages performed in our couples room).

Enhancers:

DEEP TISSUE MASSAGE

55 min. - \$20.00 / 85 min. - \$23.00

WARM MOROCCAN OIL SCALP MASSAGE

Moroccan oil has a unique quality that instantly absorbs into the scalp and hair, creating immediate shine and long-term conditioning benefits without leaving a sticky residue.

\$23.00

East Meets West Therapies

SHIATSU/ACUPRESSURE

A unique style of massage originating in Japan that uses stretching and pressure point techniques along the body's energy pathways. Releases tension and invigorates the body and mind. Excellent for back and shoulder pain. This is the ultimate in deep tissue bodywork. Shiatsu is done on a comfortable mat in our massage room. Please wear loose clothing. (*Shorts or sweatpants and T-shirts are optimal*).

55 minutes - \$138.00 / 85 minutes - \$179.00

SHIATSU FACE & SCALP

Warm eucalyptus or peppermint scented towels are applied to break up congestion due to headaches, sinus problems and colds. Acupressure is then applied to sinus and scalp points.

45 minutes - \$108.00

REFLEXOLOGY

Warm aromatic towels infused with tea tree and lavender are wrapped around each foot at the onset of this specialized therapy. Precise pressure is applied to areas on the feet that correspond to specific organs and structures of the body resulting in a feeling of overall well being. *(no disrobing required).*

45 minutes - \$108.00

REIKI HEALING TREATMENT

Reiki is a focused energy healing technique, working through the Chakra energies. It is a noninvasive, safe form of hands-on or -off healing that can help reduce pain, promotes deep relaxation and increased energy and can result in a feeling of well being and balance. Great for fibromyalgia, diabetics, cancer, nerve damage and sensitive to touch clients.

55 minutes - \$120.00



CRYSTAL HEALING

A technique that employs crystals and stones combined with Reiki energy healing techniques. Specific crystals and stones are used to correspond to each chakra. Each crystal has a different healing vibration. The stones attract positive vibrations that attract positive events. These crystals through energy therapy will then be attuned to your personal energy to continue your experience at home.

55 minutes - \$150.00

Skin Care Services



All our facials include an initial deep pore cleansing, exfoliation, face, neck and shoulder massage with essential oils, a masque properly selected for your skin type and a toning mist and moisturizer. While we offer a variety of treatments, we recommend that our professionally trained estheticians help you decide which treatment is best. Please allow them to recommend the basic home care products suitable for your skin type.

SKYVIEW SIGNATURE FACIAL

A European-style facial that will replenish and bring balance to the skin. The session includes cleansing, gentle exfoliation to remove dull surface skin cells, and toning with floral waters. Re-hydration with a mineral-rich mask completes this deep-cleansing treatment. Steam included.

45 minutes - \$114.00

YOUTH FACE TREATMENT

Designed for our guests 16 years of age and under—This treatment introduces the basics of proper skin care and instructions for a daily cleansing regimen. Gently eliminates deep impurities and dissolves sebum. Steam included.

45 minutes - \$114.00

GENTLEMAN'S FACE TREATMENT

An invigorating facial that includes cleansing, detoxifying and hydrating. An application of a refreshing tonic lotion will make the scalp soft and well protected. A Ginseng and Vitamin C mask leaves skin radiant and full of vitality. An aromatic blend of essential oils and malt extract of Scottish Whisky will induce relaxation.

55 minutes - \$132.00

ROSACEA FACIAL

A facial specially developed for people with Rosacea. Redness and irritation is soothed with specialized gentle cleansing, cooling and soothing hydrating techniques and an unbeatable anti-redness mask. Long term results: skin will appear more vibrant, manageable and hydrated without aggravating the condition.

55 minutes - \$132.00

VITAMIN C FACIAL

Vitalize and refresh tired, stressed skin with this vitamin-rich facial. Pure Vitamin C stimulates cell renewal. Citron and Mandarin essential oils induce intense relaxation. You will receive a Sothy's vitamin complex to apply at home for the next 10 days to maintain skin's radiance. Steam included.

55 minutes - \$132.00

EXTREME MOISTURIZING FACE TREATMENT

For thirsty, dry skin - Sothy's hydrating system works at every level, from the deepest layer to the top layer of skin for long-term results. Includes deep cleansing and exfoliation with a blend of nourishing botanicals and vitamins. Infuse your skin with needed nutrients through aromatherapy and a moisture-rich mask. Your skin is instantly replenished.

55 minutes - \$141.00

RESURFACING PEELING TREATMENT

A new science in skin care - a controlled exfoliation of the skin. Combining manual microdermabrasion and a concentrated glycolic and salicylic acid peel, this deep cleansing treatment immediately improves the skin tone and brightens the complexion. The skin appears more youthful, pores are minimized, impurities in the skin are removed and the complexion is radiant and glowing. Helps to improve and correct skin abnormalities.

55 minutes - \$141.00

COLLAGEN INTENSIVE TREATMENT

Start the reversal of aging with a mineral microdermabrasion of volcanic rock and salicylic, which prepares the skin to receive the “injection-like” effects of wrinkle-filling serums. After the patented elasticity revealer is applied, a collagen lifting mask plumps and repairs, instantly revealing a more youthful skin. Dramatic results after just one treatment.

55 minutes - \$145.00

DETOX ACNE TREATMENT

Oily skin is recognized by its shiny surface, blackheads, milia and a dull appearance. This treatment offers a professional solution by controlling sebum and matifying the skin, absorbing impurities, drying and healing blemishes and brightening a dull complexion. A cooling mask is used to tighten pores and bring freshness to the skin. Includes blackhead removal.

85 minutes - \$179.00

Facial Service Accompaniments

Ask for these add-ons during your Facial.

BLACKHEAD REMOVAL

15 minutes - \$43.00

BRONZING

Add \$14 (plus the cost of bronzer)

WARM MOROCCAN OIL SCALP MASSAGE

Moroccan Oil has a unique quality that instantly absorbs into the scalp and hair, creating immediate shine and long-term conditioning benefits without leaving a sticky residue.

\$23.00

ANTI-AGING & LIFTING TREATMENT

Specialized collagen mask stimulates collagen and skin cell renewal. Skin will be left radiant, fresh and hydrated.

- Eye lift - full eye.
- Under eye lift - lifts the cheek area.
and reduces under-eye lines.
- Lip plump- exfoliates and plumps up lips.
- Neck lift - tones the neckline.

Each - \$37.50

WAXING SERVICES

(Only Added to a Facial)

Eyebrows - \$25.00

Lip - \$18.50

Chin - \$25.00

Sideburns - \$18.50

Complete Face - \$71.00

**Please know that if you are taking acutane or retin a, we cannot perform any facial waxing.*

Body Treatments

We believe our treatments provide maximum results for the entire body. These specialized body treatments offer replenishing, rejuvenating and an altogether enjoyable experience for the body, mind and spirit.

Any treatment can be done as a couple for an additional \$20 each in our couples room.

SALT GLOW

The pinnacle of deep cleansing - This gentle exfoliating treatment uses natural salts blended with fragrant aromatherapy oil to remove impurities and rough skin. Luscious moisturizing creams are applied, leaving your skin soft and supple.

55 minutes - \$120.00

LEMON PEEL SCRUB

Sugar granules, lemon and rich oils blend together to create an uplifting and luxurious skin renewal. Your body is also treated to a relaxing application of warm Lemon Body Balm.

55 minutes - \$138.00

FITNESS VAPOR WRAP

A warm eucalyptus vapor cream is massaged into your body to help aid in the respiratory system, ease aching muscles and help detoxify the body. Includes dry exfoliation, a face, scalp and back acupressure - point treatment. You are then wrapped to help aid detoxifying. Relaxing footwork is also part of this treatment.

55 minutes - \$138.00

PEPPERMINT TWIST

Our aromatic body treatment combines peppermint oil with aloe. They are therapeutically applied to soothe, calm and cool the skin. This combination mask and wrap is an ideal treatment for water retention or as an after-sun treatment as it enhances the skin's oxygen consumption to improve cell turnover. Includes face, scalp, back and feet acupressure point treatment, as long as there is no skin irritability.

55 minutes - \$150.00

ROSE PETAL BODYWRAP

We begin with a gentle exfoliation and application of rose-scented body butter. While cocooned in a warm body wrap, we will apply acupressure point treatment to face, scalp, back and feet. This aromatic bliss rejuvenates the mind and spirit.

55 minutes - \$150.00

WHIPPED BUTTERCREME WRAP

Our signature natural organic body butter is used to deeply nourish and hydrate any skin condition. Shea, Cocoa and Mango butter are whipped together and then infused with lavender and orange essential oils. Dry exfoliation is also included in this treatment to open up the pores for better cream absorption. Includes face, scalp and back acupressure.

55 minutes - \$150.00

**Only treatment above can be done as a couple in our couples room.*

Nail Care Services

Manicures

Beautify your hands with a relaxing manicure that goes beyond expectations. All hand treatments include a complete manicure with a relaxing, moisturizing massage and perfect polish.

REGULAR MANICURE

Leaves your nails cleaned, shaped, buffed and polished.

25 minutes - \$38.00

LEMON PEEL SPA MANICURE

A therapeutic manicure featuring lemon infused creams, oils and scrubs. A paraffin wax treatment helps heal and rehydrates brittle nails and dry hands.

40 minutes - \$55.00

DAZZLE DRY MANICURE

Nail polish reinvented. Polish that dries in 5 minutes and is chip-free for up to 3 weeks. No UV light used. Strengthens natural nails, and creates a high-gloss, non-yellowing finish. Created with a vegan formula. Complete manicure with moisturizing massage and your choice of 48 fabulous Dazzle colors. No water bowl used in this service.

20 minutes - \$56.00

GENTLEMAN'S MANICURE

A full-service manicure to repair rough or hard-working hands. Includes hand scrub and massage, nail maintenance and a moisturizing lotion. Nails are then buffed to a shine.

25 minutes - \$38.00

Pedicures

With every foot treatment, enjoy the comfort of our deluxe massage chairs and hydrotherapy jet tubs as you receive a complete pedicure, revitalizing foot massage and your choice of polish.

REGULAR PEDICURE

This service leaves your nails cleaned, shaped, buffed and polished. A salt scrub is applied to exfoliate any rough skin on the heels and balls of your feet.

45 minutes - \$67.00

LEMON PEEL SPA PEDICURE

This pedicure begins with a lemon soak followed by a lemon exfoliation and grooming of the nails that includes an application of our lemon cream. Your feet are then dipped in a tub of warm wax after which your nails are ready for a coat of your favorite polish.

55 minutes - \$85.00

PEPPERMINT SEA SCRUB

An exclusive blend of peppermint oil and sea salt delivers a thorough exfoliating pedicure experience while hydrating the skin. The exfoliating granules stimulate circulation as they soften dry skin. Leaves your feet feeling invigorated and hydrated.

55 minutes - \$85.00

ROSE PETAL SIGNATURE PEDICURE

This luxurious treatment uses products infused with rose extracts to indulge your skin and soothe your senses. An aromatic scrub exfoliates and stimulates circulation, while eliminating calluses and rough skin. Treat your feet to a warm paraffin dip followed by a rosescented moisturizing cream to leave your feet rejuvenated.

55 minutes - \$91.00

Manicure/Pedicure Enhancers

Dazzle Dry nail polish dries in 5 minutes, is chip free for up to 3 weeks, strengthens natural nails, and has a high-gloss finish. No soaking off, made with vegan formula. Add to any manicure or pedicure.

Additonal \$21.00

Hand/Foot Paraffin \$20.00 each

French Polish \$17.50 each

Child's Manicure /Pedicure

For those 8 and under, our children's manicure/pedicure provides a cleaning, shaping and pushing of the cuticles. An awesome massage of the hands with your choice of candied scented buttercream followed by solid polish with the option of nail art.

55 minutes - \$73.00

Skyview Packages

While a single spa treatment can provide stimulation and the release of tension and stress, the combined effects of multiple techniques upon the senses, muscles and mind have proven to be far more pleasurable and rewarding.

A Time To Remember

55-Minute Warm Stone Massage

Ultimate Vitamin C Facial

Lemon Peel Scrub

Lemon Peel Spa Manicure

Lemon Peel Spa Pedicure

4 hours - \$524.00

Two's Company

55-Minute Swedish Couples' Massage

2 Skyview Signature Facials

2 Regular Pedicures (*Side By Side When Available*)

2 ½ hours - \$586.00

The Executive

"With Him In Mind"

55-Minute Deep Tissue Massage

Gentleman's Face Treatment
Gentleman's Buff Manicure
2 hrs. 15 min. - \$283.00

A Dozen Roses

Extreme Moisture Face Treatment
Rose Petal Bodywrap
Rose Petal Signature Pedicure
3 hrs. - \$365.50

Energize & Renew

Peppermint Twist Body Treatment
Shiatsu Face/Scalp Treatment
Peppermint Sea Scrub Pedicure
2 ¾ hrs. - \$328.00

Please note that all Skyview Packages include 18% gratuity. No changes are permitted to the above and a 50% deposit is required upon booking. 72 hours' notice is required for cancellations.

Bridal Packages

Before strolling down the aisle, let us prepare you for that special day!

FOR THE BRIDE AND GROOM

2 55-Minute Couples' Swedish Massage
Vitamin C Facial (for the Bride)
Gentleman's Facial (for the Groom)
2 Regular Manicures
2 Regular Pedicures
3 ½ hrs. - \$690.00

For the Bridal Party

PRETTY WOMEN

Skyview Signature Facial
Regular Manicure
Regular Pedicure
2 hrs. - \$209.00

MEN IN BLACK

25-Minute Neck & Shoulders Massage
45-Minute Reflexology
Gentleman's Buff Manicure
1 ¾ hr. - \$209.00

No changes are permitted to the above. 18% gratuity is included in each package. A 50% deposit is required upon booking. 72-hour notice is required for cancellations.

Artistic Elegance

Formal Hair and Make-up Design

We pride ourselves in providing you with a full range of beauty services to prepare you for your wedding, formal, special occasion or gathering. You are very important and we will make every effort to ensure your day is special and stress free. We strive to offer you the best on-location service available. Our professional hair and makeup artists are versatile, timely, flexible and personable. We specialize in formal hair, picture perfect makeup, airbrushing and tattoo covering. Please call for more information or contact us at **ArtisticEleganceByBW.com**

Please call for information 570.620.7540.

We travel to your location.



ARRIVAL

Please arrive at least 20 minutes prior to your scheduled treatment. This will allow you time to check-in and prepare for your service. If you are delayed in your arrival, please remember that your service will end at its original time so that the following guest is not inconvenienced. We are not responsible for inclement weather, traffic delays or wrong directions.

QUIET ROOM

Before and after treatment, guests are encouraged to enjoy our tranquil relaxation room, which features soft music, comfortable chairs, stunning mountain views and complimentary fruit, water and tea.

COURTESY

We ask that all cellular phones and pagers be turned off upon entry to the Spa to ensure tranquility and respect to all our guests.

GUESTS

Guests receiving massage or body treatments must be 18 yrs. of age. We do require adult supervision for any children's services (*8 yrs. or younger*).

MEDICAL CONDITIONS

A brief medical questionnaire will be given to you at the time of check-in. Please indicate any medical conditions or disabilities that may be affected by your treatment such as high blood pressure, allergies, heart ailments or pregnancy.

CLOTHING

You will be provided with a robe and sandals at time of check-in. Special attention to draping is practiced during all treatments for your comfort and privacy. Reflexology and Shiatsu massages do not require disrobing.

VALUABLES

Please do not bring jewelry or other valuables to the Spa. The Skyview Spa does not assume any liability for personal items left in rooms, lockers and robes.

GRATUITIES

Treatment prices includes 18% gratuity. You're welcome to leave more, please inform reception.

CANCELLATIONS

Cancellations or changes must be made at least 24 hours prior to appointment or 14 days upon signing a group contract. If proper notice is not received, appointments will be charged in full. Spa packages require a 50% deposit upon reservation. Cancellations for spa packages require 72-hour notice. Failure to comply will result in loss of deposit.

CHILDREN

We are unable to accommodate children during your Spa visit. Children under 12 should have adult supervision.

SERVICES

All treatments, services and prices are subject to change and are based upon availability. Our services run on the hour and 1-hour booking time.

THERAPISTS

Skyview Spa has both male and female massage therapists. Should you have a specific preference, please advise us upon making your appointment. If preference is not specified at the time of booking then we will book according to our availability. If a client refuses a service they will still be charge in full.

GATHERINGS

We welcome gatherings and groups. Advance notice required, as well as any setup for food and beverages. 20% gratuity will be added to groups and gatherings.

SPECIAL OCCASION MAKEUP AND HAIR STYLING

Let our artists create the perfect look for you and your guests. Minimum requirements are necessary to book. Please call the Spa for details.

HOURS

Skyview Spa is open Monday – Sunday from 9am to 6pm. Our last service ends at 6pm. We regret that showers and the relaxation room will not be available after 5:30pm. These areas are shut down. Relax in our quiet room or take a shower prior to your arrival.

GIFT CERTIFICATES

Gift Certificates are a wonderful way to extend gratitude. They can be purchased directly from the Spa or create your own on our website. They are not refundable, non transferable and have a 5-year cancellation from date of purchase.

Spa Boutique

We invite you to visit our Spa Boutique, located in our reception area at the spa. We carry Paul Mitchell hair products, Sothys face and body products, OPI polishes and a wonderful selection of gift items. Experience the unique products in our Nuwati Herbal line – tea blends, bath salts and scrubs, soaps etc. Nuwati products are designed to calm your mind and your emotions. Use these tools to take time for yourself, away from stress and worry. Lose weight naturally and fast with our “See Less O’Me” tea or try our Bee Pollen capsules. Surprise your guests with a wonderful basket of spa products designed to enhance their journey to relaxation. Call for details (must be ordered at least 7 days prior to your stay).

Small - \$50.00 / Medium - \$75.00 / Large - \$100.00

APPOINTMENTS

For appointments within the Lodge please dial ext. 8968.

All others can contact the Skyview Spa at 570-595-8968.

E-mail: spa@skytop.com

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